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Trinity Healing



The Intuitive Connection

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Communicating With Your Own Animals



As an animal communicator with 18 years professional experience, you'd think it would be a piece of cake to communicate with my own animals. Well, I'm here to tell you that is not always the case.

Do I communicate with my pets? Absolutely. I can feel when they are happy, sad, sick, etc. However, another factor comes into play when communicating with my own animals...my emotions can and do get in the way. When one of my animals is sick or injured, my emotions take over and there is an automatic switch from the role of communicator to mom. If my baby is hurting, then I lose all of my communication and healing skills because I'm not in a right state of mind to be the objective communicator.

Here are a few examples: At the old ranch where we used to board our horses with friends, we would all turn our horses out together into an arena where they could run and play. One day, the play got too rough, another horse got mad, and my horse Dawn got kicked. We could tell there was an immediate problem as she started having trouble walking. It got so bad, that she could not put weight on one of her legs within 30 minutes of being kicked. I tried tuning in to see if I could tell exactly where the injury was so I could do energy healing on it. I couldn't even tune in because I was an emotional wreck. I couldn't sense the injury or call in any healing energy, because "mom mode" took over and communicator mode took a back seat. There is a happy ending to this story as she was put on stall rest for a few days and was good as new.

My final example took place recently. My dog Monte (pictured above) has gone through some extensive health issues. He was diagnosed with pancreatitis, which is now under control with a low fat diet. Everything seemed fine, until I got the sense he just didn't feel right. However, he was eating, drinking, and doing all the things he normally did. He looked like he might be losing weight, but when you see someone everyday, it's hard to tell. I went on a trip for a week and when I got back, the difference in weight was noticeable. Cue vet visit, where he was diagnosed with diabetes. Everyday he gets 2 insulin shots, and once again it felt like things were under control and he was doing great. On Christmas Eve 2022 he woke up to one eye closed and goopy. We don't know what happened, but he went to bed fine and woke up the next morning with an issue. By the next day, the eye was open with no visible injuries, but he's lost sight in that eye. The other eye has followed suit. He is now almost completely blind and can only make out big shapes and shadows. As a mom, my heart is breaking for him. Because my emotions kick in every time I see him bump into the wall, it is difficult to get into communicator mode. So I'm practicing controlling my emotions and instead, sending him pictures of the layout ahead of him so he can avoid bumping into things. It is something that I will need to keep working on.

If you are experiencing difficulty with your animal, whether the issue is physical, emotional, or behavioral, don't beat yourself up. Your "mom/dad mode" might be overriding your communication mode. Although you might not be a professional communicator, you are constantly communicating with your pets whether you realize it or not. So take a step back, and maybe bring in a neutral party to help you with the communication. That's what I have to do. Hugs.



Check out our alpaca inspired lip balm flavor of the month featuring Gabriella!

"She's full of sweet buttery goodness that you're sure to find a-peeling!"

Caramel Apple



Trinity Healing

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Services offered:

Animal Communication
Energy Healing
Sacred Healing Crystal Jewelry
Essential Oils
Educational Workshops

For your convenience, services can be scheduled in person or remotely

Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker Website: www.anneangelheart.com
Email: info@anneangelheart.com
530-755-4767

Cindy Holt, Holt Holistic Healing

Medical Intuitive, Emotional Release Healing, Energy Healing Website: www.holtholistichealing.com 928-273-8576