



The Intuitive Connection

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Featured Crystal: Quartz

Pretty much everyone has heard of the crystal called Quartz. This is one of the most diverse and powerful crystals that exists, and is a **MUST** to have in your collection.

Quartz is a mineral composed of silicon and oxygen atoms. Quartz crystals are created through heat. The majority of quartz is formed from molten magma, however some is also formed from hot hydrothermal veins. There are two different types of quartz, α -quartz (trigonal) and β -quartz (hexagonal). Basically α -quartz is heated up to 573°C, transformation occurs and it becomes β -quartz. The color of the quartz is used as a secondary identifier. There is so much more about the crystals and how they are formed that I can't possibly fit it all into one newsletter (not to mention there are lots of scientific terms).

The word quartz comes from the German word "Quarz." Ancient Greeks referred to quartz as "krystallos" meaning "icy cold" because it was believed at the time the mineral was a form of supercooled ice. One of the most amazing properties of quartz is its ability to vibrate at precise frequencies. Because of this, it is used today in many electronic devices, such as radios, watches, televisions, electronic games, computers, cell phones, electronic meters, GPS equipment, pressure gauges, and in the study of optics. It is also used as an abrasive for sandblasting, grinding glass, and cutting soft stone.

Quartz comes in many colors, and includes: Agate, Amethyst, Ametrine, Aventurine, Chalcedony, Carnelian, Citrine, Herkimer Diamond, Jasper, Rock Quartz, Rose Quartz, Rutilated Quartz, Smokey Quartz, and Tiger's Eye, just to name a few. Since it is the second most abundant mineral on the planet, it is found worldwide.

At a metaphysical level, quartz has many healing properties that make it so special and a must have for your household. According to "Love Is In The Earth" by Melody, the following are the healing attributes of clear quartz.

"Quartz is the most powerful healing and energy amplifier on the planet because of its unique helical spiral crystalline form. Found worldwide, it absorbs, stores, releases, and regulates energy and is excellent for unblocking it. When acupuncture needles are coated in Quartz, the effects increase by ten percent. As demonstrated by a Kirlian camera, holding a Quartz crystal in your hand doubles your biomagnetic field. It enhances muscle testing and protects against



radiation. Quartz generates electromagnetism and dispels static electricity.

This crystal works at a vibrational level attuned to the specific energy requirements of the person needing healing or undertaking spiritual work, it takes the energy to the most perfect state possible, going back to before the dis-ease set in. It cleanses and enhances the organs and subtle bodies and acts as a deep soul cleanser, connecting the physical dimension with the mind.

At a spiritual level, this crystal raises energy to the highest possible level. Containing every color possible, Clear Quartz works on all levels of being. Storing information like a natural computer, these crystals are a spiritual library waiting to be accessed. Quartz has the ability to dissolve karmic seeds. It enhances psychic abilities and attunes you to your spiritual purpose. Used in meditation, Quartz filters out distractions. Quartz is the most efficient receptor for programming.

At a mental level, Quartz aids concentration and unlocks memory.

Quartz is a great energy saver. Attached to a fuel line in a car, a Quartz point reduces fuel consumption.

Quartz points have different facet shapes according to how fast they formed. These shapes are deeply significant.



Healing:

Quartz is a master healer and can be used for any condition. It stimulates the immune system and brings the body into balance. It is excellent for soothing burns. Quartz harmonizes all the chakras and aligns the subtle bodies.

Astrological signs: Leo and Capricorn. Vibrates to the number 4.”

If you'd like to add Quartz to your life, these pieces are available on my Trinity Healing [website store](#) or click on the picture to be taken directly into the item's page in the store. If you don't see what you want, or would like a custom piece created, please contact me with your requests.



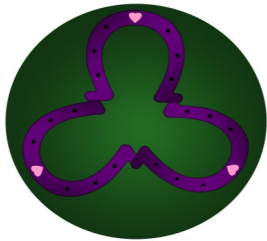
Upcoming Events & Workshops

Midsummer Gathering

Juniper Well Ranch
10080 W Tough Country Trail
Skull Valley, AZ
June 21-22
10:00-4:00

Beginning Animal Communication Workshop

Body Connection Yoga & More
8516 State Route Hwy 69
Prescott Valley, AZ
June 29
9:00-11:30



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Services offered:

Animal Communication

Energy Healing

Sacred Healing Crystal Jewelry

Essential Oils

Educational Workshops

*For your convenience, services can be scheduled
in person or remotely*

Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker

Website: www.anneangelheart.com

Email: info@anneangelheart.com

530-755-4767

Kris Tondee

Psychic Reader

Website: readingsbykristondee.com

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