

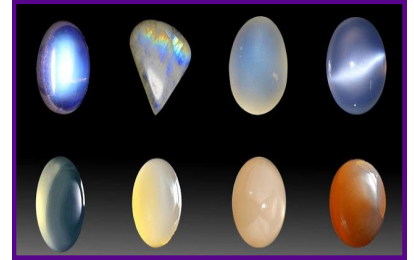
The Intuitive Connection

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Featured Stone: Moonstone



The new year is here! The time to let go of the old and start something new. Did you make a New Year's

Resolutions yet? If not, then maybe you need a little extra assistance. I've got just the crystal for you, moonstone.

Moonstone is a sodium potassium aluminum silicate, which belongs in the group of crystals known as feldspar. It is formed when two feldspar minerals (orthoclase and albite) mix when heated. As the cooling process begins, the two minerals separate into stacked, alternating layers. When light hits the stone it falls in between the stacked layers, scattering in many directions creating the phenomenon called adularescence (aka that moonstone glow).

Ancient Romans believed that moonstone was formed from frozen moonlight because of the unearthly shimmer it gave off. In India, moonstone is considered sacred, as they believe it is made from moonbeams. Early Indian traditions state the gem was embedded in the forehead of Ganesh, the four-handed god of the moon. In Asian mythology, moonstone is believed to contain a live spirit due to the light moving inside the stone.

Moonstone comes in a variety of colors ranging from pink, peach, yellow, purple, blue, green, white and rainbow. The picture above is a great example of the diversity of colors that moonstone can be found in. It is a fairly common gemstone, and can be found in many locations all over the world, including: Australia, Brazil, Germany, India, Myanmar (Burma), Madagascar, Mexico, Norway, Sri Lanka, Switzerland, Tanzania, and the United States.

But why is this is a great stone to help you kick off the New Year? Let's take a look at the healing properties and energy for moonstone, according to "Love Is In The Earth" by Melody.

"The energy of moonstone is balancing, introspective, reflective, and lunar. It is capable of helping one with the changing structures of one's life on the physical, emotional, mental, and spiritual levels. The energy relates to "new beginnings", allowing one to realize that these "new beginnings" are, in actuality, the fruition of each "end".

*It is a stone for hoping and wishing: it allows one to absorb that which is **needed** from the universal energies, not necessarily, however, furthering that which is **wanted**. It helps one to recognize the "ups and downs" and to gracefully acknowledge the changing cycles. It can assist one in sustaining and maintaining, and understanding the destiny one has chosen. It works to bring the galactic evolved energies from other worlds to accessibility.*

It is a stone for "feeling", and understanding via intuition and emotional "thoughts", rather than via intellectual reasoning. It brings flashes of insight, banishing the possibility of neglecting one's profit from that which is experienced. It stimulates intuitive

recognition and helps one to apply the intuitive knowledge in a practical sense. It also enhances perception and discernment, enabling one to make decisions which painlessly further one's development.

It can be used to alleviate emotional tensions and to enhance the positive attributes of creativity and self-expression.

It cleanses negativity from the chakras, enhancing the feminine aspects of one's nature while providing for spiritual nourishment and sustenance, and a loving companion to further assist one through all changes.

It stimulates confidence and composure and allows one to understand that there is no situation so difficult that it cannot be countered with diplomacy.

Moonstone sustains and supports while promoting growth and supplementing energy. It provides for a connection between the physical, emotion, and intellectual bodies, furthering the advancement and diminishing the obstacles in the path leading to one's progression and actualization as a perfect being; removal of obstacles usually occurs with the release and/or integration of the obstacle. It assists one in the total fulfillment of one's destiny. It also provides for guidance with respect to the most effective procedural steps available to facilitate the attainment of the desired end result.

Once called the "traveler's stone", it is used for protection against the perils of travel. Moonstone is also a talisman of good fortune. It is said to keep closer that which is dear to one.

It is also said to both rouse tenderness within the self, and to bring happiness to the environment in which it resides.

It can be used during radionics analysis; holding a sample and placing a sample on the witness or using a pendulum of this stone, the energy of the stone interferes with the energy of the user and points to the problem(s) involved.

Moonstone brings calmness coupled with awareness. It helps one to attune to the normal rhythms of the biological forces of one's body such that one can maximize, recognize, and utilize the natural energy cycles of the body. One is not limited, however, by the natural cycles, and can use the energy of the stone to both balance and counterbalance phases of energy depletion as they occur within the body.

The energy of moonstone provides the body with a sustaining force. It can stimulate the properties of rejuvenation and can alleviate many degenerative conditions with respect to skin, hair, eyes, and the fleshy organs of the body.

It can also be used to enhance the assimilation of nutrients, to assist in the elimination of toxins, and to treat disorders of the digestive and elimination systems.

It can be used in the treatment of pulmonary consumption, to facilitate and to promote ease in pregnancy and childbirth, to enhance fertility, to ameliorate PMS and change-of-life, to eliminate insomnia, and to provide remedial action for disorders related to water (e.g., swelling) and insect stings or bites (e.g., allergic reactions to bee stings, anaphylactic shock, malaria, yellow fever, etc.). It can also be used in the treatment of circulatory disorders.

The energies of moonstone are accessible when worn, carried, or used as an elixir. Topical applications to the skin and hair has also been effective in soothing and in stimulating the area.

Astrological signs: Cancer, Libra and Scorpio. Vibrates to the number 4."

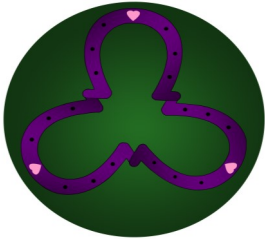
If you'd like to add Moonstone to your life, these pieces are available on my Trinity Healing [website store](#) or click on the picture to the right to be taken directly into the item's page in the store. If you don't see what you want, or would like a custom piece created, please contact me with your requests.



Upcoming Events

Mile High Mystics

Hassayampa Inn
122 E Gurley St
Prescott, AZ
February 9th
9:30-4:30



Trinity Healing

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Services offered:

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Educational Workshops

*For your convenience, services can be scheduled
in person or remotely*

Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker

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