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Trinity Healing



The Intuitive Connection

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Flavor of the Month, Services & Referrals

Reincarnation and Your Pet: Kayley's Story

I first met Eric and Cass on 1/12/23 to do an animal communication session at their home for the beloved yorkie Kayley who had passed away on 9/15/22. She had died of unknown causes related to a lung or breathing issue. They had unanswered questions and were still grieving very deeply over her loss.

Eric and Kayley had a special bond. He took her home in 2007 at the age of 12 weeks old. She was one of 5 pups, but what made her special is that she chose Eric. While all the other pups were playing, Kayley walked right up to him, ignoring everything else, and remained snuggling with Eric. It was love at first sight. Cass later met Kayley when she was about 6 years old.

Kayley was a type A personality. For a small dog, her energy filled the room. She was large and in charge, impatient, the center of attention, and slightly quirky. Kayley loved adventure and to go on walks that were several miles long. She wasn't afraid of anything. Kayley pretty much ran the household (humans and dogs alike). So when she passed, a huge void was left for the family.

Two days after her death, they began watching YouTube videos on how to connect with your pet that had passed. Amazingly, Kayley's name came up several times while watching only a few videos. Prior to this, they both said they had only ever heard the name Kayley a handful of times during the course of her life. Hearing or seeing Kayley's name repeatedly, multiple times a day, in very unexpected encounters began consistently happening. The other thing both Eric and Cass noticed was seeing the number 11 or 1111 everywhere. They said it would be on clocks, videos, and random places wherever they were. According to the videos, these were all signs that Kayley was trying to communicate and let them know she was still around.

That's where I come into this story. I had no prior knowledge of any of the above, only that Kayley had passed and they wanted to connect with her. I remember after tuning into Kayley using a picture that Eric handed me, I couldn't help but smile. Her energy was overwhelming and filled the entire room. I could not communicate fast enough on her behalf. There was so much to say, including some information about why she passed, but the biggest takeaway was how both Kayley and Eric felt that their time together had been cut short. She was insistent that she wanted to come back to him.

After the communication, Eric and Cass said that it helped to ease their grief, and Kayley continued to make her presence known (by hearing her name and seeing 1111). They both began researching animal reincarnation. Eric made the decision he wanted to bring Kayley back.

In late June, at around 3:30am, Eric started googling local yorkie breeders. He found one he liked, Bragg's Yorkies in Prescott Valley, and sent Christina (the owner) a message that he was interested in a puppy. She contacted him the next morning and said that she had just bred the parents the day before. The timing

was pretty amazing as her dogs are reserved quickly and he was the first in line to reserve a puppy. He was upfront with Christina about the fact that he was trying to help Kayley reincarnate.

I was contacted by Eric and Cass shortly thereafter. They asked me to communicate with Kayley so that she would know where to go to reincarnate. I was a little nervous as this is something that I've never tried before, but mostly I didn't want to mess anything up for their reunion. Not knowing exactly what I needed, I had Eric give me the names of the mom and dad (dogs), as well as the breeder's information. With the momma dog confirmed pregnant, I reached out to Kayley, not knowing what to expect. Her energy was still present, but not as overwhelmingly strong as my first communication. I began telling Kayley where to go (address, name of momma dog, etc) when she interrupted me and said "I'm already there." We were all stunned. Eric asked how she knew where to go and Kayley's answer was that she had been stalking them. Apparently she was just as excited to come back too. It is interesting to note that once Kayley took a form again (in momma's belly) that both Eric and Cass began hearing her name less frequently, although they still continued to occasionally see the numbers 1111.

On August 7th, Eric texted me a picture of an ultrasound of the momma dog. All he said was here's an ultrasound of Kayley and the other pups, let me know what vibes you get. Not being medically trained, the ultrasound honestly looked like one big gray mass. I couldn't even make out any little "blobs" that you'd call a puppy. I got confirmation from Kayley that she was there and was 1 of 4-5 pups. I talked to Eric after and he told me that the vet confirmed 4-5 puppies. This brought us to the next challenge of how he would know which of the pups was Kayley. So I communicated with her and asked her to go right up to him and do the same thing she did when she originally picked him, once she was born and they met. At this point she also told me she was considering being a boy (because she thought it would be fun to pee and hike her leg). I recall Eric was a little shocked by this as he had always envisioned she would come back as a girl. Kayley also mentioned there would be a distinctive mark (like a stripe of hair a unique color or spot) that would distinguish her from the other pups.

On August 18th, I got an update from Eric via text. They did a follow up ultrasound and there was only ONE pup! The breeder and vet couldn't explain it. Eric and I talked about the fact that Kayley must have absorbed their energy as she didn't want her family making a mistake and choosing the wrong pup. Hard to choose the wrong pup when's there only 1 to choose from. I communicated again with Kayley and she was very excited to come back. I told her not to rush, to get big and strong and she would see her family soon. It was at this time that Kayley said she would be coming back as a girl because that's what her dad really wanted.

Eric and Cass continued to research about pets and reincarnation and found a book called "Will Your Dog Reincarnate?" By Gail Graham, PHD. This book outlines the steps to take to aid your pet in reincarnating. Without realizing it, Eric and Cass had been following the exact steps outlined in the book.

On 8/28/23, the puppy was born (and yes it was a girl). They began referring to the original Kayley as Kayley 1 and the reincarnated version as Kayley 2.0. One of the things he mentioned to me was that she listened to me about getting big and strong as she weighed a whopping 6.36 oz at birth (the biggest pup to date for the breeder). In checking with the breeder, there was no noticeable spot or color markings on the pup. Apparently their color changes as they get older, or maybe Kayley decided she didn't need it any longer as she was now the only pup of the litter. Eric and Cass were able to see her in person on 9/2/23, but couldn't hold her or interact until she got a little older.

After a few weeks, Eric was able to hold her for the first time. He said her eyes weren't open yet, but they touched noses and he instantly recognized the energy and Kayley 2.0 started yelping. At about three weeks old, Kayley's personality really started to show. She learned how to escape her pen and would walk around howling. Although there were no pups in her litter, the breeder had another yorkie pair that had one baby born within a few days of Kayley. The breeder sent videos of Kayley playing with the other pup, or more

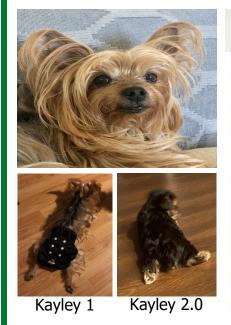
like Kayley dominating and controlling the other pup. Her strong personality was beginning to show. She was super sweet yet bossy with everyone, including the adult dogs.

Over the next several weeks Eric and Cass got to visit with her more. She was always excited to see them and give them lots of kisses as if she recognized them. Eric recognized Kayley 2.0 right away, but it took Cass a little longer. That's because Cass didn't meet Kayley 1 as a puppy, she only knew her as an adult. However, at about six weeks old, Kayley 2.0 did something that affirmed for Cass that this was their dog reincarnated. You see, Kayley 1 would run around and get hot and would plop herself on their wood floor to cool off, with her back legs spread out behind her. Cass was visiting and Kayley 2.0 who was running around playing. She got hot, walked over to the breeder's wood floor, and plopped with her back feet out just like the original Kayley (see pics below).

Eric and Cass say that Kayley 2.0 has all the same personality traits of Kayley 1. Even Christina, from Bragg's Yorkies believes this is Kayley reincarnated. They say she acts like an adult dog in a puppy body. She was potty pad trained at 3 weeks, acts advanced for her age, and cried every time Eric and Cass left after seeing her.

With all the prior signs, Eric and Cass decided to bring her home a few weeks early on 11/11/23. He said there was no other date, but that date to finally bring Kayley 2.0 home. He said she is an unbelievable joy. She's only using the potty pads, is minding well, and knows her name. He noted that you can tell that she's recently lived a life as she adapted to her new home within one hour of being there. Their family is complete now that Kayley has returned home and they are looking forward to all their new adventures together.

I was so lucky to be a part of this experience, which reaffirms my belief about reincarnation. I'm looking forward to meeting Kayley 2.0 as I only met the original Kayley in spirit form. One final thought that I'd like to share comes from Eric. He said that he learned that you can absolutely make things happen. His biggest piece of advice, which is also echoed in the book, is that you MUST believe and have conviction that it WILL happen. Once he started the process, he believed with all his heart that his beloved Kayley would come back to him, and that she did. And in case you are wondering what the significance of 1111 is...it means a new beginning. It is a message from the angels that you are about to experience a new beginning in some way, shape or form. Your angels are nearby helping to guide you to that new beginning.











Alpaca inspired lip balm flavor of the month inspired by:

Dublin Bay Rose Spiced Hot Chocolate

(Infused with the flavors of chocolate, cream, marshmallow and cinnamon)



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