



# The Intuitive Connection

## Inside this issue:

Alpaca Lip Balm  
Flavor of the  
Month, Services  
& Referrals

3

## Fairies and Other Mythical Beings



We've all heard tales of fairies, elves, dragons, dwarves, and goblins. These magical creatures exist in fantasy, brought to life by the many books and movies that have portrayed their existence. Some are shown as good and kind, while others are dark and evil. But what is the truth about fairies and the other mythical beings? You might just be surprised.

The term fairy itself isn't clear cut. Sometimes it is used to describe a specific humanoid type of being (think Tinkerbell), while at other times it encompasses a whole host of magical beings (think Lord of the Rings). The terms and traditions associated with fairies dates back centuries to Brythonic, Gaelic, Germanic and French cultures. It was used to describe "enchanted" or "magical" beings, and the term "faerie" itself means "realm of the fays." There are so many tales, folklore and traditions surrounding fairies, including folklore told to children to scare them into behaving. In fact, there is no one single point of origin for fairies. Some cultures believe they are magical creatures, while others describe them as demoted angels, demoted pagan deities, spirits of the dead, demons, or elementals.

Because there is a lot of fear surrounding them, you'll find even more folklore regarding protection against them such as using cold iron, charms, rowan trees, various herbs, or avoiding places suspected of being inhabited by fairies. It was believed that fairies would play harmless pranks, such as tangling hair, stealing items, leading travelers astray, to more harmful behaviors like kidnapping, replacing children with a fairy changeling, and sudden death. Did you know the tradition of hanging a horseshoe above your door originated as a way to ward against fairies and other supernatural creatures?

In Scottish folklore, fairies are divided into two courts. The Seelie Court, a more benevolently inclined group (while still quite dangerous) associated to the season summer. Whereas the Unseelie Court is associated with the season winter, and are considered more malicious. The courts are ruled by their own queens who oversee all manner of mythical beings in their respective realms.

If these magical beings exist, then why can't we see them? One theory is that as humans invaded their space, they were driven into hiding. Honestly, who could blame them. But are they real? The answer, based on my own personal experiences, is a resounding yes. I believe the answer to why most people don't see them

is the same reason why most people don't see spirits. They are vibrating at a different frequency, and therefore exist in a different dimension than we do. People who are sensitive to energies, or those with intuitive abilities are much more open to having an experience with fairies. Personally, my own definition of the fae (or fay) aren't just limited to cute, little sprite like beings with silvery wings. I associate many different types of magical/mythical creatures as being a faerie (or from faerie). For me, it has to do more with the vibration that they emit vs appearing in a specific form.

Do I recommend you go out and start looking to have an experience with fairies? No, I don't. As indicated in the folklore, some are nice and some are not. I've found there are many rules and things you have to be careful of when associating with fairies. For example, they might not be able to tell a lie, but there is nothing wrong with omitting information to mislead you. Also, because they operate with different rules, saying things like "thank you" or leaving the wrong kinds of offerings for them can be considered very offensive. Trust me, you don't want an offended fairy mad at you. They have a much longer lifespan than we do and a very long memory. You also have to be very careful about not making deals or asking for favors with them, as what they may ask you to do something in return that may come at a rather high cost.

While I have encountered some of the not-so-nice beings of fae, I would like to mention that I've had many positive encounters too. My original encounter actually involved my son, who has a much better ability to see beings with his physical eyes than I do. I remember it was early evening, and we were playing music in the house. My son came to me and told me that there were fairies (the traditional winged type like Tinkerbell) dancing in our front room. While I couldn't see them with my physical eyes, I could feel their energy when I walked into the room. I later learned how to see them with my intuitive vision. Because there were several intuitives in my household, it increased our chances of encountering their energy. My son and I did end up developing a beneficial relationship with them. The majority of fairies in our household were caretakers of the land and appreciated my son's passion for animals and nature. They surrounded and cared for our home for years until we moved, and they remained to continue their duties.

One funny story I'll never forget has to do with my son's birthday. My husband and I were out shopping and we picked up a few mylar balloons, one of which sang happy birthday when you punched it. We were in the car on our way home and stopped at a red light. The balloon suddenly started going off and singing happy birthday, even though nothing was hitting it and the car and balloon weren't moving. This happened several times. One of our resident fairies was having fun making the balloon go off for several minutes. Once I acknowledged what they were doing, and had a good laugh with them, the balloon stopped just as suddenly as it had started.

Another encounter happened at our new house in Arizona. We live in the country and one day my husband decided to mow along our gravel road to create space between hot vehicles traveling down the road and the weeds on the edge of the road for fire safety. This area was more wild and did not have any landscaping. The next day, I got yelled at the received the biggest lecture from some of the local fairies because he had disturbed their space by mowing. I apologized and explained why this horrible deed (from their point of view) was done. We came to an understanding that in the future, should he need to mow for fire safety reasons in the wild areas, he needed to tell them in advance and give them at least one day's notice.

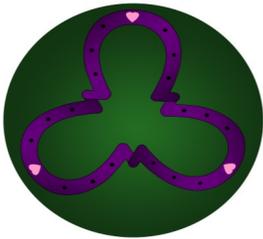
So take note, fairies exist. Be mindful of what you do as you never know who's watching you.



Check out our alpaca inspired lip balm flavor of the month featuring Gemma!

“Crisp and bold with a swirl of sweetness, she’s sure to become a favorite fall memory”

## *Apple Cinnamon*



## *Trinity Healing*

STACEY  
FERRELL

Prescott Valley, AZ  
Phone: 707-631-0052

E-mail:

contact@trinityhealingconnection.com

Website:

www.trinityhealingconnection.com

## Services offered:

Animal Communication

Energy Healing

Sacred Healing Crystal Jewelry

Essential Oils

Educational Workshops

*For your convenience, services can be scheduled  
in person or remotely*

### Referrals

Needing a service I don't provide? I recommend the following:

**Anne Angelheart**

Transformational Coach, Channeler, Author & Speaker

Website: [www.anneangelheart.com](http://www.anneangelheart.com)

Email: [info@anneangelheart.com](mailto:info@anneangelheart.com)

530-755-4767

**Cindy Holt, Holt Holistic Healing**

Medical Intuitive, Emotional Release Healing, Energy Healing

Website: [www.holtholistichealing.com](http://www.holtholistichealing.com)

928-273-8576