



The Intuitive Connection

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Featured Crystal: Lapis Lazuli



If you're looking for a beautiful blue stone to add to your collection, then look no further...lapis lazuli is the one for you. In fact, it's Latin name translates to blue (lazuli) stone (lapis).

Lapis is considered a metamorphic rock (formed when limestone and several minerals are "cooked" under intense pressure and heat). The main mineral component is lazurite (which gives it the rich blue color), but it also contains calcite, sodalite, pyrite and other trace minerals. It is considered a semi-precious stone and has been used for centuries (found as early as the 7th millennium BCE). Beads have been found in Neolithic burials, and it was also used in the funeral mask of Tutankhamun. At the end of the middle ages it was exported to Europe where it was ground into powder and made into "ultramarine," the finest and most expensive blue paint used by some of the famous artists from the renaissance.

Lapis Lazuli was first mined more than 6000 years ago in Afghanistan, and continues to be mined there today. It is also extracted in the Andes (Chile), Russia, Angola, Argentina, Burma, Pakistan, Canada, Italy, India, and the United States (California and Colorado).

Lapis is easily polished and can be shaped into beads, jewelry, carvings, boxes, mosaics, ornaments, small statues and vases. It can be easily obtained, but watch out as it can be expensive depending on the quality.

Regardless of quality, Lapis Lazuli has many healing properties at a metaphysical level. According to "The Crystal Bible" by Judy Hall, it contains the following healing properties:

"Lapis Lazuli opens the third eye and balances the throat chakra. It stimulates enlightenment and enhances dream work and psychic abilities, facilitating spiritual journeying and stimulating personal and spiritual power. This stone quickly releases stress, bringing deep peace. It possesses enormous serenity and is the key to spiritual attainment."

Lapis Lazuli is a protective stone that contacts spirit guardians. This stone recognizes psychic attack, blocks it, and returns the energy to its source. It teaches the power of the spoken word, and can reverse curses or disease caused by not speaking out in the past."



This stone harmonizes the physical, emotional, mental, and spiritual levels. Imbalances between these levels can result in depression, dis-ease, and lack of purpose. In balance, the harmony brings deep inner self-knowledge.

Lapis Lazuli encourages taking charge of life. It reveals inner truth, encourages self-awareness, and allows self-expression without holding back or compromising. If repressed anger is causing difficulties in the throat or in communication, Lapis Lazuli releases these. This stone brings the enduring qualities of honesty, compassion, and uprightness to the personality.

Lapis Lazuli is a powerful thought amplifier. It stimulates the higher faculties of the mind, bringing objectivity and clarity. It encourages creativity through attunement to the source. Lapis Lazuli helps you to confront truth, wherever you find it, and to accept what it teaches. It aids in expressing your own opinions and harmonizes conflict. It teaches the value of active listening.

Lapis Lazuli bonds relationships in love and friendship and aids expressing feelings and emotions. It dissolves martyrdom, cruelty, and suffering. As a gem essence, it dissolves emotional bondage.

Healing:

Lapis Lazuli alleviates pain, especially that of migraine headaches. It overcomes depression, benefits the respiratory and nervous systems and the throat, larynx, and thyroid, cleanses organs, bone marrow, thymus, and the immune system. Lapis Lazuli overcomes hearing loss, purifies blood, and boosts the immune system. It alleviates insomnia and vertigo, and lowers blood pressure.

Position:

Wear or place at the throat or third eye. Lapis Lazuli should be positioned above the diaphragm, anywhere between the sternum and the top of the head."

If you'd like to add Lapis Lazuli to your life (or your pet's), these pieces are available on my Trinity Healing [website store](#) or click on the picture to be taken directly into the item's page in the store. If you don't see what you want, or would like a custom piece created, please contact me with your requests.



Upcoming Events & Workshops

Harvest Festival

Hassayampa Inn
122 E Gurley St
Prescott, AZ
Nov 2nd
9:30-4:30

Essential Oils Plant Parts

Make & Take

Collective Karma
450 W Goodwin St, Ste 103
Prescott, AZ
Oct 13th
2:00-4:00



Trinity Healing

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Services offered:

Animal Communication

Energy Healing

Sacred Healing Crystal Jewelry

Essential Oils

Educational Workshops

*For your convenience, services can be scheduled
in person or remotely*

Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker

Website: www.anneangelheart.com

Email: info@anneangelheart.com

530-755-4767

Kris Tondee

Psychic Reader

Website: readingsbykristondee.com

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