



Inside this issue:

Client's Perspective	2
Upcoming Events and Workshops	4



The Intuitive Connection

Perspectives

I'm often asked what it's like to communicate with animals. How does it work? What do you feel? I thought it would be fun to do some perspective articles, from my point of view, and from a client's point of view. I asked a client, Amelia English, if she would help me out with this, and she said yes. I hope you enjoy a look at both sides of animal communication.



Communicator's Perspective

Before I begin a session, I take a moment to ground myself. If I'm not grounded and centered, there will be no communication as my brain will be thinking about the 9 million things I still need to do (like grocery shopping, laundry, walking the dog, etc). I also clear out my own thoughts and feelings, that way I'm open to receiving information. It sounds long, but it usually takes less than a minute to prepare.

Now I'm ready to begin. I ask for the animal's name and a photograph of the animal (if the animal is not present). I like working with photographs because it's like having the energetic equivalent of the animal's cell phone number. It's a quick way to tune into that animal and their energy. However, a photograph is not necessary to communicate. If a photo is not available, instead I ask for the person's name and the animal's name. That information creates an energetic signature that I can tune into and follow to connect to the animal.

Once I've tuned in, I always introduce myself to the animal. I literally say, "Hi, my name is Stacey. I'm with (mom, dad, grandma, etc), and they've asked me to communicate with you because I speak (dog, cat, horse, goat, etc). Will you speak with me today?" In case you are wondering, I don't say this out loud, but that is the thought I have in my head, which I direct, or send, to the animal. Now I wait for their response.

I'm going to digress for a moment and explain how "thinking" something turns into communication with the animal. Animals communicate telepathically. Telepathic communication is the direct sending and receiving of thoughts from one mind to another. My thoughts turn into energy, which then radiate out to the animal that I'm communicating with. The animal receives the thought (energy), translates it, and then "thinks" their response. Their thought (response), turns into energy, which radiates back to me, where my brain translates it into pictures, words, emotions, or physical sensations. Most times I just "know" the answer. In this instance, I don't hear anything, see anything, or

feel anything, I just “know.” It really is like knowing how to speak another language, this one just happens to be an “energetic” language that takes place silently.

The animal’s response can be anything. They can tell me “no,” they don’t want to talk (and they have). Animals have free will and I never force them to communicate. Most often, the animals are willing to communicate and express their opinions (and let me tell you, they definitely have very strong opinions). Because I’m an empath (I feel the emotions or physical issues of others), the first thing I usually pick up on is how the animal is feeling emotionally. It has ranged anywhere from excitement, happiness, and a welcoming feeling, all the way to the other end of the spectrum such as nervousness, anxiety and fear. Think of it from their perspective, this unknown woman starts talking to me and telling me she is with my family, and she wants to “talk to me.” It’s probably close the same feeling of being called into the principal’s office at school. You may know what you did (and fear getting in trouble), or you don’t know what you did (and don’t know if you are in trouble or not). The second thing that typically comes through is if the animal is experiencing a physical issue (especially if they are in pain). From there, the actual conversation begins and I start asking whatever questions the client wants to know.

After I begin receiving responses, and translate them, I’m able to communicate this in human terms to the person who wants to know the information. The information I receive is not a literal word for word, or thought for thought translation. I believe that my brain translates the energy into messages, symbols or feelings that make sense to me. For example, I once had to communicate with a large spider that we found in our house. My son had placed a cup over the spider, and was trying to encourage him to climb up the side of the cup so he could take him outside. The spider wasn’t cooperating, so my son challenged me to communicate and ask the spider to climb up the side of the cup. I’ll admit I was skeptical as I’d never attempted to communicate with an arachnid before, but I figured what the heck. I asked the spider to climb up the side of the cup (also sending visual pictures of him climbing up the side of the cup), then I sent visuals of him being free and outside. The response I got made me laugh out loud. I literally heard the words “bite me” in my head. Did the spider say those exact, very human words? Probably not, however the translation was quite clear as to what the spider thought about being trapped under a cup. Stick your finger in here and I’ll show you what I think of your plan to “release” me. In case you are wondering, my son had to put a piece of paper under the cup in order to relocate the spider as he never did go along with our plan and climb up the side of the cup.

The communication is always interesting (remember, I said they have strong opinions). Sometimes, I have to communicate difficult or unusual messages, or even random thoughts. I’ve learned that when I receive a message, even though it makes no sense to me whatsoever, I have to relay it. The message, no matter how difficult (the animal is ready to leave the physical world), unusual (the animal is seeing dead people and its scaring them), or random (the dog likes her toenails being painted pink), is important to the animal, therefore I must share it with the person. I really never know what I’m going to get in a communication, but it almost always makes sense to the client. When it doesn’t make sense, it just means I need to ask more questions and get more information. Sometimes it can be like putting pieces of a puzzle together. In the end, however, the messages make sense.

Even though I’ve been doing this for 10 years now, there is still a very small part of me that gets nervous. I’m not nervous about doing the communication, but it is important to me that I connect with the animal to give the client and their animal the messages that each needs to know. For me, I feel a sense of obligation to honor and respect the trust/faith that they’ve given me by allowing me to communicate with their “child.” I take my responsibility as a communicator seriously. On the other hand, I love it and have fun because I get to talk to and play with all kinds of animals. It is very fulfilling knowing that I had a small role in creating a deeper connection to a person and their animal. Many thanks to my past, present and future clients for sharing your babies with me.

Client’s Perspective

When I first heard of animal communication, I was very skeptical. I didn’t believe that someone could actually communicate with an animal, especially not using words out loud. Growing up Catholic, my mom taught us energy healing and animal communication were “brujarias” (like witchcraft). I really didn’t know how I felt about someone talking to my pet and possibly frightening them or making them wonder if they were crazy or hearing voices. I was also

nervous to see what my pet would say. What if they hated me or my family? What if my pet wanted to say something negative about me? I couldn't bare that idea because I felt like I had given my pets the best lives I could. To possibly learn I hadn't would have been heartbreaking to me. However, it wasn't until my 18 year old cat, Scruffy, was having behavioral changes that I wanted to see what Stacey could find out for me. I wanted her to have a conversation with Scruffy so I could know how to best help the kitty I've had since I was ten.

My then 16 year old, Scruffy, was diagnosed with the beginning stages of kidney failure and was put on a prescription diet of wet and dry foods. Before, Scruffy had her dry Friskies in a bowl so she could munch on them all day, and then once a day she got her can of Fancy Feast. She used to eat all different flavors from chicken to shrimp to a beef gravy mix. Every time my family would cook roast or chicken she was right there wanting to sample it first. When we started giving her the prescription wet food she stopped eating. She would sniff the wet food, take a bite or two, then walk away. She would just smell the chicken or roast samples we would give her and walk away. When she did this I was shocked as she never passed up an opportunity to eat meat like that. I wanted to know what was going on with her and I knew a veterinarian couldn't tell me that.

When Stacey asked Scruffy the questions I had for her and talked to her about her food, I was surprised to hear the answers. Scruffy hated her new food. Just like how delicious fast food can be to us, the Fancy Feast was that for her. To be put on prescription food, she thought it was disgusting (most diet foods are) and that we didn't love her anymore. Luckily, Stacey was able to communicate with her that it was to help her feel better, and it was because we loved her that we were giving her the new food. It was like Scruffy thought we were trying to poison her. Now, after the communication, Scruffy eats her wet food and loves getting her chicken and roast again.

There was another time when Scruffy got into a cat fight that really messed her up. Her wounds got infected and it was a long recovery for her. Scruffy has not reason to go outside when she has food, water, and a litter box inside. After that fight, I had Stacey ask her why she needed to go outside, and to tell her she needed to stop doing that so she wouldn't get hurt. It turned out Scruffy was bored in the house and that's why she felt she needed to go outside and find stuff to do. Stacey was able to let her know it wasn't necessarily safe anymore, and that there were other cats that were faster, and I didn't want her going outside and getting attacked. Today, Scruffy will go outside only if my parents or I go outside. She likes to smell the air and come right back inside. Without Stacey I don't think Scruffy would have gotten the memo to stay inside. I'm sure the communication she received from us was the opposite of what we wanted her to do.

Not all of my experiences of asking Stacey to talk with my babies have been for negative situations. Sometimes I have her check in with them to see how they are doing. In her chats with all my kids, I've discovered my dog Petey doesn't mind going to the groomers, but he doesn't appreciate smelling like cotton candy because he is a boy. My other dog Stella is a total diva and loves her lamb style jacket in the winter because she feels pretty. I've also found Scruffy really enjoys when we have our little photoshoots. You can totally see it too. Once I start taking pictures, she will start posing and stretching towards the camera, tilting her head to one side.

After the first communication, it was like this whole other part of me opened up to it. Now I have this link to my pets that I never knew I could have. There was someone who could communicate everything and anything I needed to let my babies know, in a way I knew they would understand and receive it. For me, it was also like a weight had been lifted off my shoulders. I don't have to wonder if my babies are in pain, or if they like certain things, or wish I could do something more. Stacey bridges that gap. The communications make me feel like I can be a better mom to my fur kids. As Scruffy gets older and has told Stacey she is getting more "tired," I feel like as hard as it is to hear I can be better prepared for it. I can better support her until that time comes. I can spend more time with her and shower her with more love.

For those who may be skeptical, I say give it a try. Really what is the worst that can happen? You may find out things about your pets you didn't know. It could shed a ton of light on their behaviors. You may hear things that are hard to hear, but it can also give you peace of mind. Try it, and I guarantee you won't regret it.



Scruffy

Upcoming Events

Wings of Wonder

Holiday Inn
11269 Point East Dr
Rancho Cordova, CA
Saturday, June 4
11:00-5:00

New Earth Expo

Crowne Plaza
5321 Date Ave
Sacramento, CA
Sunday, June 12
10:00-6:00

Upcoming Workshops

Beginning Animal Communication

Saturday, June 25
9:00-11:30
Cost \$60

Advanced Animal Communication

Saturday, July 23
9:00-11:30
Cost \$60

Wire Wrapping

Saturday, May 14
9:00-10:30
Cost \$55



Trinity Healing

STACEY FERRELL

Fairfield, CA
Phone: 707-631-0052

E-mail:
contact@trinityhealingconnection.com

Website:
www.trinityhealingconnection.com

Services offered:

Animal Communication

Energy Healing

Custom Stone/Crystal Healing Jewelry

Educational Workshops

For your convenience, services can be scheduled in person or remotely.