

The Intuitive Connection

Inside this issue:

Flavor of the Month, Services & Referrals	2
---	----------

Featured Crystal: Rose Quartz



Known as the “heart stone” or “stone of universal love,” Rose Quartz is a must have for any crystal collection. A member of the quartz family, Rose Quartz is a silicate whose color ranges from a very light pink (almost undetectable) to a rich, translucent pink, or lavender. It is durable, which makes it perfect for making jewelry, carvings, displays, or to simply carry in your pocket. Rose Quartz is unique in that it forms in masses, and is one of the most common minerals found all over the world. The chief areas being mined are located in Australia, Brazil, China, Germany, India, Japan, Madagascar, Mozambique, Namibia, Sri Lanka, South Africa, Sweden, United States (Maine and South Dakota), and Uruguay.

It dates back to about 7000 BC and was found in an area known as Mesopotamia (now Iraq). Assyrians and Romans were likely the first to use this crystal, which can be found in ancient jewelry crafted around 800-600 BC. The first official recorded account of Rose Quartz was at the Mount Mica Quarry between 1913-1915. Rose Quartz has long been associated with all things love. Greek mythology says that Aphrodite, the goddess of love once cut herself by accident while trying to save her lover, Adonis. When their blood mixed together, it stained a quartz crystal a subtle pink, and hence Rose Quartz was born. Another myth associated with Rose Quartz is that Cupid used it to inspire love between people. In ancient Egypt, China and Tibet, the crystal has been used for centuries as not only a symbol of love, but for physical beauty (including for clear complexion and wrinkle removal).

According to “The Crystal Bible” by Judy Hall, Rose Quartz has the following healing properties:

“Rose Quartz is the stone of unconditional love and infinite peace. It is the most important crystal for the heart and the heart chakra, teaching the true essence of love. It purifies and opens the heart at all levels, and brings deep inner healing and self-love. It is calming, reassuring, and excellent for use in trauma or crisis.

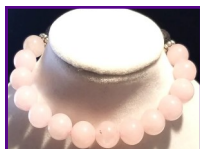
If you want to attract love, look no further than romantic Rose Quartz. Placed by your bed or in the relationship corner of your home, it is so effective in drawing love and relationships toward you that it often needs Amethyst to calm things down. In existing relationships, it will restore trust and harmony, and encourage unconditional love.

Rose Quartz gently draws off negative energy and replaces it with loving vibes. It strengthens empathy and sensitivity and aids the acceptance of necessary change. It is an excellent stone for mid-life crisis. Holding Rose Quartz enhances positive affirmations. The stone can then remind you of your intention. This beautiful stone promotes receptivity to beauty of all kinds.

Emotionally, Rose Quartz is the finest healer. Releasing unexpressed emotions and heartache and transmuting emotional conditioning that no longer serves. It soothes internalized pain and heals deprivation. If you have never received love, Rose Quartz opens your heart so that you become receptive. If you have loved and lost, it comforts your grief. Rose Quartz teaches you how to love yourself, vital if you have thought yourself unlovable. You cannot accept love from others nor love them unless yourself. This stone encourages self-forgiveness and acceptance, and invokes self-trust and self-worth.

Rose Quartz strengthens the physical heart and circulatory system and releases impurities from body fluids. Placed on the thymus, Rose Quartz aids chest and lung problems. It heals the kidneys and adrenals and alleviates vertigo. Rose Quartz is said to increase fertility. The stone or elixir soothes burns and blistering and smoothes the complexion. It is helpful in Alzheimer’s, Parkinson’s, and senile dementia. Wear, especially over the heart. Place on the heart, thymus, or in relationship corner of the room.”

If you’d like to add a beautiful Rose Quartz to your collection, the following crystals are available on the [Trinity Healing Connection store](#), or simply click on the picture to be taken directly onto the item’s page in the store.

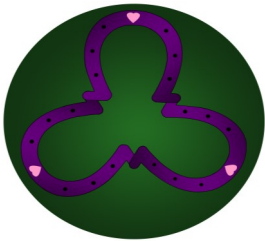




Check out our alpaca inspired lip balm flavor of the month featuring LuTau!

“Handsome and sweet, ‘pick’ the King of Spots as your Valentine this year!”

Cherry Vanilla



Trinity Healing

STACEY
FERRELL

Prescott Valley, AZ
Phone: 707-631-0052

E-mail:

contact@trinityhealingconnection.com

Website:

www.trinityhealingconnection.com

Store:

8260 E Plum Creek Way
Prescott Valley, AZ

Services offered:

Animal Communication

Energy Healing

Sacred Healing Crystal Jewelry

Essential Oils

Educational Workshops

*For your convenience, services can be scheduled
in person or remotely*

Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker

Website: www.anneangelheart.com

Email: info@anneangelheart.com

530-755-4767

Cindy Holt, Holt Holistic Healing

Medical Intuitive, Emotional Release Healing, Energy Healing

Website: www.holtholistichealing.com

928-273-8576