



The Intuitive Connection

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Featured Crystal: Rhodochrosite



Rhodochrosite is a manganese carbonite mineral (which is a fancy way of saying that it forms when the mineral manganese is dissolved by ground water and combines with a carbonate mineral, dripping off the ceiling of caves into crevices underground). It was first described in 1813 in the area now known as Romania. The name comes from the Greek word *ῥοδόχρωσ* which translates to rose-colored. It might also be referred to as “Rosa del Inca” or “Inca Rose” as the Incas believed it to be the blood of their former rulers turned to stone.

The pink color comes from the mineral manganese, but can range in color from bright pink to red. Depending on the other minerals that are mixed in, the pink color can vary from orangish, grayish, yellowish or brownish as the manganese is replaced by the other minerals. Because of how it forms, it usually contains white bands. It is common to find Rhodochrosite next to silver deposits. Besides being found in cavities, it can accumulate in layers on cave walls, or form as stalactites and stalagmites.

While it is considered a common gemstone, there are only a handful of mines around the world that produce it for lapidary (jewelry) use. Those locations include Argentina, Canada, China, Colorado, Gabon, Japan, Kazakhstan, Mexico, Montana, Peru, Romania, Russia, South Africa, Spain, and Uruguay.

According to “*The Crystal Bible*” by Judy Hall, Rhodochrosite has the following healing properties:

“Rhodochrosite represents selfless love and compassion. It expands consciousness and integrates the spiritual with material energies. This stone imparts a dynamic and positive attitude.”

Rhodochrosite is an excellent stone for the heart and relationships, especially for people who feel unloved. It is the stone par excellence for healing sexual abuse. Rhodochrosite attracts a soulmate but this may not be blissful experience you’re hoping for. Soulmates are the people who help us to learn our lessons in life, and although this is not always pleasant, it is for our higher good. Rhodochrosite teaches the heart to assimilate painful feelings without shutting down, and removes denial.

This stone clears the solar plexus and base chakras. Gently bringing painful and repressed feelings to the surface, it allows them to be acknowledged and then dissipated through emotional release. Rhodochrosite then helps to identify ongoing patterns and shows the purpose behind this experience. This is a stone that insists you face the truth, about yourself and other people, without excuses or evasion but with loving awareness.

Rhodochrosite is useful for diagnosis at the psychological level. People who have an aversion to the stone are repressing something in themselves they do not want to look at. The stone urges that they confront irrational fears and paranoia, and reveals that the emotions they have been taught to believe are unacceptable are natural. They then see things

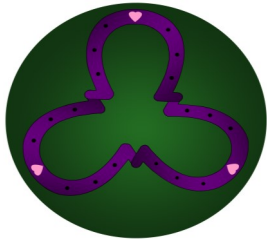
less negatively. Psychologically, Rhodochrosite improves self-worth and soothes emotional stress.

Rhodochrosite is mentally enlivening. It encourages a positive attitude and enhances dream states and creativity. This stone links you into the higher mind and helps you integrate new information.

Emotionally, Rhodochrosite encourages spontaneous expression of feelings, including passionate and erotic urges. It lifts a depressed mood and brings lightness into life.

Rhodochrosite acts as an irritant filter and relieves asthma and respiratory problems. It purifies the circulatory system and kidneys and restores poor eyesight, normalizes blood pressure and stabilizes the heartbeat, and invigorates the sexual organs. As it dilates blood vessels, it relieves migraines. The elixir relieves infections, improves the skin, and balances the thyroid. Wear on the wrist or place over the heart or solar plexus. For migraines, place on the top part of the spine.”

If you'd like to add a beautiful Rhodochrosite to your collection, the following crystals are available on the [Trinity Healing Connection store](#), or simply click on the picture to be taken directly onto the item's page in the store.



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