

The Intuitive Connection

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Featured Crystal: Onyx



Onyx is a member of the chalcedony family and is closely related to agate. The difference between the two is that agate has curved bands, while onyx has parallel bands. The gemstone earned its name from the Greek word “onux” which means “fingernail.” According to Roman mythology, the goddess Venus had her fingernails clipped by Cupid while she slept. The fates then immortalized the clippings by transforming them into stones.

Most people recognize the classic black onyx, which is the most popular, but did you know it comes in other colors? It also comes in blue, brown, gray, green, red, pink, purple, orange, yellow, white, bicolor (black and white) and multi-color (black, brown and white for example). In addition, it can be completely opaque or slightly transparent. It should be noted that onyx is regularly treated to make the black color darker or it is dyed very vibrant shades (such as neon pink). Making black onyx darker does not detract from its healing properties, but dyeing a white onyx blue does not give you the properties of a natural blue onyx.

It is considered a common gemstone and can be found all over the world including Argentina, Brazil, Canada, China, Germany, India, Indonesia, Iran, Ireland, Italy, Madagascar, Mexico, Pakistan, Peru, South Africa, Russia, Thailand, United States, Uruguay and Yemen.

According to “*The Crystal Bible*” by Judy Hall, Onyx has the following healing properties:

Onyx is strength-giving. It provides support in difficult or confusing circumstances and during times of enormous mental or physical stress. Centering your energy and aligning it with a higher power, assessing higher guidance, is facilitated by Onyx as is connection with the whole. It can take you forward to view the future and, with its capacity to impart personal strength, facilitates being master of one’s destiny. This stone promotes vigor, steadfastness, and stamina. It aids learning lessons, imparting self-confidence and helping you to be at ease in your surroundings.

Onyx is a secretive stone that assists in keeping your own counsel. However, Onyx is said to hold the memories of things that have happened to the wearer. It can be used for psychometry, telling the story to those who are sensitive to its vibrations

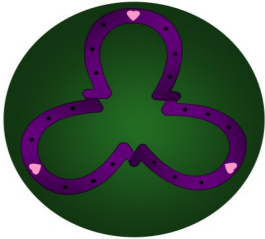
This property of holding physical memories makes Onyx useful in past-life work for healing old injuries and physical trauma that are affecting the present life. Holding a piece of Onyx takes your attention to the site of the previous injury, which can then be released through body work, reframing, or crystal therapy. Onyx can also be used to heal old grief and sorrows.

Psychologically, Onyx recognizes and integrates dualities within the self. It anchors the flighty into a more stable way of life and generally imparts self-control. Onyx is a mental tonic that alleviates overwhelming fears and worries. Onyx conveys

the invaluable gift of wise decisions.

Physically, Onyx assists in absorbing from the universe energies that are required for healing or other purposes. It balances the yin and yang energies within the body. Onyx is beneficial for teeth, bones, bone marrow, blood disorders, and the feet. Wear on the left side of the body. Place or hold as appropriate.

If you'd like to add a beautiful Onyx to your collection, the following crystals are available on the [Trinity Healing Connection store](#), or simply click on the picture to be taken directly onto the item's page in the store.



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