



# The Intuitive Connection

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## Are You Intuitive?

**Intuitive** →

Ever wonder if you have intuitive abilities? Maybe you've experienced some things or you've just always felt "different," with no real explanation why. The truth is everyone is intuitive to one degree or another. We've all got abilities. Some individuals have stronger abilities than others. It's kind of like singing, everyone has the ability to sing, some people are just more naturally talented than others.

While there is no one "true" test to determine intuitive abilities, let's take a look at some signs that could indicate it might be time to explore your intuitive side.

1. You "know" things before they happen. You're thinking of a song, and then it is the next one that is played on the radio. Or you know someone's going to call, and suddenly the phone rings and it's the person you were thinking of. Maybe you predicted a car accident, and then it happened. The point is somehow you just know about something without having any real evidence to back it up (until it actually happens). This is known as **precognition**.
2. You "see" things that other people don't see. You have visions of events before they happen (or after they've happened, but you weren't at the event to witness it yourself). You had an imaginary friend that no one else could see, or you see people/entities that no one else reacts to. Maybe you catch movement out of the corner of your eye and you turn and nothing is there. This is known as **clairvoyance**.
3. You felt as if you could "read" someone else's mind or you knew what another person or animal was thinking. This is known as **telepathy**.
4. You feel drained/ill around others, especially if they are ill. Another possibility is that your emotions change around others (they're angry/happy, you feel angry/happy, without any reason for you to actually feel that way). This can also occur when the person is not in the same location as you, yet your mood changes instantly, without warning, and for no reason. This is known as **empathic** or being an **empath**.
5. Old places/objects make you uncomfortable. You experience sudden, unexplainable strong reactions when going into old buildings, especially those with a violent/turbulent history. The same holds true for antiques. Holding or touching old items causes an unexplainable feeling. This is known as **psychometry**.

6. You “sense” energy around you, that does not involve the 5 senses. This sensing comes from your gut feelings, such as sensing trouble without any indication that something is going to or has happened. You get a bad feeling that you just can’t shake, or your gut tells you something is wrong. This is known as **clairsentience**.
7. You hear things that other people do not. It could be voices, knocks, high or low-pitched ringing in only one ear (and you don’t have tinnitus). This is known as **clairaudience**.
8. You “know” things without seeing, hearing or feeling them. This is known as **claircognizance**.
9. You can communicate with those that have passed. This is known as being a **medium**. There are many different types of mediums, here are a few examples. Mental mediums communicate with the dead using telepathy. A physical medium not only communicates, but they feel what the dead feel, and their ability brings about physical phenomena that can be seen, felt and heard by others. A trance medium goes into a trancelike state and channels those that have passed through their own body.
10. You write things down that you couldn’t know, or you write thoughts down that don’t belong to you. This is known as **automatic writing**.
11. You can feel energy and can channel energy from one point to another. This is referred to as **energy healing**.
12. You see energy fields (also known as **auras**) around people, animals and plants.
13. You have vivid dreams that feel very real that you can clearly remember. It’s as if you are awake and experiencing things with your five senses, only to actually wake up from the dream.
14. You’ve experience déjà vu many times.
15. Electronics glitch/fail around you. It could be computers, cell phones, or even light bulbs that consistently malfunction or burn out when you’re around.
16. You’re drawn to all things paranormal. I mean really drawn, almost obsessed.
17. You find comfort in nature or animals, especially when no other people are around.
18. There is a history of intuitive abilities in your family.

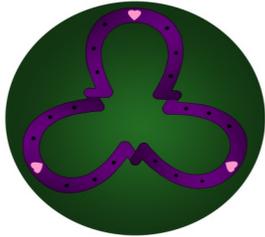
These are very simplified explanations, and there is a lot more to it than what I’ve mentioned. I’m sure there are some other signs that I’ve missed, however this is at least a good place to get you started. If you find that you can relate to or answered yes to some of the items listed, it might be time to at least do some more in depth research. There are lots of resources and classes available that can provide you with tools to either develop your gifts, or at least learn more about them so you can understand and manage them if needed. It doesn’t mean you have to start signing up for holistic fairs and do readings for people. All I’m suggesting is that you acknowledge what you have and embrace the gifts you’ve been given. After all, it is a part of you, and you are wonderful.

## Upcoming Events & Workshops

### Mile High Mystics

#### Dog Daze of Summer Spiritual Healing Arts Event

Hassayampa Inn  
122 E Gurley St  
Prescott, AZ  
July 27  
9:30-4:30



## Trinity Healing

STACEY  
FERRELL

Prescott Valley, AZ  
Phone: 707-631-0052

E-mail:

[contact@trinityhealingconnection.com](mailto:contact@trinityhealingconnection.com)

Website:

[www.trinityhealingconnection.com](http://www.trinityhealingconnection.com)

## Services offered:

Animal Communication

Energy Healing

Sacred Healing Crystal Jewelry

Essential Oils

Educational Workshops

*For your convenience, services can be scheduled  
in person or remotely*

### Referrals

Needing a service I don't provide? I recommend the following:

**Anne Angelheart**

Transformational Coach, Channeler, Author & Speaker

Website: [www.anneangelheart.com](http://www.anneangelheart.com)

Email: [info@anneangelheart.com](mailto:info@anneangelheart.com)

530-755-4767

**Kris Tondee**

Psychic Reader

Website: [readingsbykristondee.com](http://readingsbykristondee.com)

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