



The Intuitive Connection

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Tarot Cards and How They Work



If you've ever gone to a spiritual arts festival or psychic fair, you've likely seen a reader using tarot cards. But what exactly are they and how do they work?

A tarot deck consists of 78 cards, each depicting a unique picture including symbolism and a card number. The Major Arcana, which represent life's karmic and spiritual lessons make up 22 cards. They are the start of the deck, numbered 0 (The Fool, the beginning of the journey, the innocent and enthusiastic) through 21 (The World, the sophisticated, the end of the journey/destination). These cards are considered the most powerful of the entire deck, and advise you of the big issues and events that concern your destiny and character.

The remainder of the deck is called the Minor Arcana which represent daily trials and tribulations that we experience. Think of the Minor Arcana as circumstances and behaviors that support the energy of Major Arcana. The Minor Arcana is further divided into 4 suits. Each suit represents an energy, element and season.

- Wands: Represent work, spiritual issues, ideas, growth.
 - Element: Fire
 - Season: Spring
- Cups: Represent emotions, desires, inner self.
 - Element: Water
 - Season: Summer
- Swords: Represent intellect, left-brain thinking, action.
 - Element: Air
 - Season: Winter
- Pentacles: Represent money, manifestation, prosperity, health, property.
 - Element: Earth
 - Season: Fall

They are numbered from 1 to 10 (or Ace through 10), and have 4 court cards (King, Queen, Knight and Page. The numbered cards in a suit represent the patterns in our lives, while the court cards generally represent people or behaviors. There are hundreds of tarot decks, each with unique meanings, pictures, and even names. The names mentioned above are from a traditional tarot deck.

Think of tarot as a divination tool, allowing you to tap into your intuition, inner wisdom and higher self. Based on our dominant thoughts and energy surrounding us, tarot can be used to help us see the bigger picture and make choices, pursue goals, and develop our character. Typical subjects that tarot can provide insight about are work/

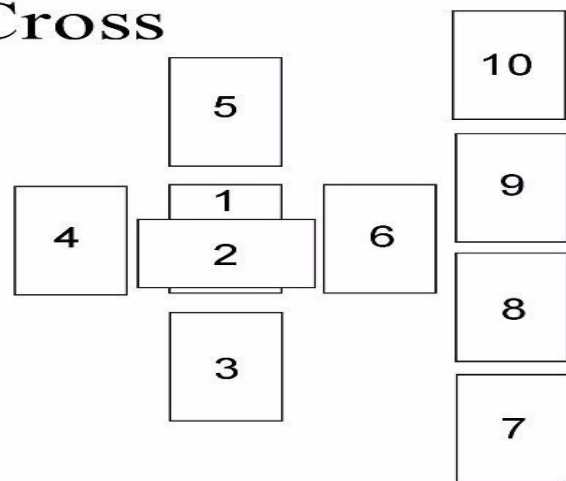
career, finances, romance, health, and spirituality. Tarot doesn't so much predict the future, but instead reminds us that if we continue to direct energy down a certain path what the likely outcome of that path will be.

So what exactly is the process of picking tarot cards? When you first get a deck, shuffle them, mix them up until you get a sense that it is time to begin picking cards. By playing with them, you are infusing them with your energy. Now, clear your mind and focus on a single question or situation that you'd like more information about. Cut the cards into 3 piles, and then put them back into 1 pile, reversing the order of how they were cut (so the last pile is now on top of the deck). Now spread the cards by fanning them onto a solid surface (such as table or floor). Look at the entire deck and pull out any cards that you are drawn to. Each tarot deck comes with a guidebook, so flip your cards over and consult with the guide book on the meaning of each card. If the card is upside down, there is technically a reversed meaning, but you can keep things simple to start by just reading the meaning of the card in an upright position.

How many cards should you pull? That is totally up to you. There are over a hundred spreads (or card patterns) to choose from. You can choose to pull 1 card a day to indicate how the day might go, or choose 1 card from the Major Arcana to determine a yes/no answer. Or you can get really sophisticated and choose a 24 card spread. The most well known spread is called the Celtic Cross Spread, and consists of 10 cards (see image below). Or you can get creative and make up your own.

Traditional Celtic Cross

- Card 1 represents the situation.
- Card 2 represents the current challenge affecting the issue.
- Card 3 represents the basis of the situation.
- Card 4 represents the past relevant to the situation.
- Card 5 represents the present.
- Card 6 represents the near future.
- Card 7 represents your power in the situation.
- Card 8 represents the effects of people around you.
- Card 9 represents your hopes or fears.
- Card 10 represents the outcome.



There is no right/wrong way of pulling cards. The instructions listed above are the most common and standard way of choosing cards from a tarot deck. The most important thing to keep in mind is learning what the cards mean to you. We each have our own experiences based on our background, upbringing, triumphs and failures. While 1 person may interpret the Major Arcana "Death" card as negative because it signifies an ending, another may view it as positive because it means the old way is gone and it is the start of something new. Study each card and see how it makes you feel. Once you've drawn cards enough times, you will likely notice patterns. Remember, those patterns will be based on the current energy around you. If you don't like the pattern, then change your thoughts to shift the energy. Sometimes the cards remind us and reflect our own negative self-talk and thoughts.

The more aware we are, the more chance we have of changing the patterns that we don't like into something that is much more beneficial for our overall being. In other words, tarot is simply a tool that reflects our current energy, and can be used to help us get out of our own way by making us aware of what we've been focusing on.

Upcoming Events

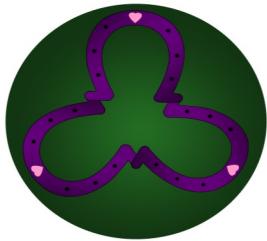
Mile High Mystics Spiritual Festival

Hassayampa Inn
122 E Gurley St
Prescott, AZ
October 31
9:30-4:30

Workshops

Beginning Animal Communication Zoom Workshop

8/15/20
9:00-11:30 (pacific time)
Follow-up 8/29/20
9:00-10:30 (pacific time)
\$40.00



Trinity Healing

STACEY
FERRELL

Prescott Valley, AZ
Phone: 707-631-0052

E-mail:

contact@trinityhealingconnection.com

Website:

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Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker

Website: www.anneangelheart.com

Email: info@anneangelheart.com

530-755-4767

Kris Tondee

Psychic Reader

Website: readingsbykristondee.com

916-605-9091