

The Intuitive Connection

Inside this issue:

Flavor of the Month, Services & Referrals	3
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Featured Crystal: Bloodstone



Also known as heliotrope, bloodstone is a variety of chalcedony, a member of the quartz family. The primary color is a dark green, but it can contain variations of lighter green, as well as yellow and red. It also contains orange, brown, or red spots due to iron oxide deposits such as hematite. These spots are said to look like drops of blood, hence the name bloodstone. The stone is considered opaque, which does not allow light to pass through it, therefore it is not transparent.

Bloodstone is relatively inexpensive and readily available in many sizes. The most coveted, and therefore the most valuable bloodstone, is a deep forest green with a spray of random red dots. Currently, India is the largest producer of bloodstone, but it can also be found in the United States, Australia, Brazil, Bulgaria, Canada, Czech Republic, Germany, Madagascar, Italy, Poland, Romania, Slovakia, Scotland, and South Africa.

There is a lot of folklore around bloodstone, especially having to do with blood. Along with lapis lazuli, turquoise, and a few others, bloodstone has been used since Ancient Babylon times (around 3000 BC). You can also find specimens of bloodstone in Roman rings from the time of Jesus, and crosses from early Christians in museums. It is said that the dark red spots that decorate this gemstone represent the blood of Jesus. Mineralogist and folklorist, George Kunz related how bloodstone is considered effective against hemorrhages. Bloodstone has also been associated with bravery, possibly because of its association with blood, vitality, and the Roman god Mars. It is a traditional and alternative birthstone for the month of March, which happens to be the month named after this Roman god of war.

Let's explore the healing side of this gemstone. According to "The Crystal Bible," by Judy Hall, bloodstone has the following healing properties:

As its name suggests, Bloodstone is an excellent blood cleanser and a powerful healer. It is believed to have mystical and magical properties, controlling the weather and conferring the ability to banish evil and negativity and to direct spiritual energies. In ancient times, Bloodstone was said to have been and "audible oracle" giving off sounds as a means of guidance. It heightens the intuition and increases creativity. An excellent grounding and protecting stone, Bloodstone keeps out undesirable influences. It stimulates dreaming and is a

powerful revitalizer.

Psychologically, Bloodstone gives courage and teaches how to avoid dangerous situations by strategic withdrawal and flexibility. It encourages selflessness and idealism and aids the recognition that chaos precedes transformation. Bloodstone assists you in acting in the present moment.

Mentally, Bloodstone calms the mind, dispels confusion, and enhances the decision-making process. It can revitalize the mind if you are mentally exhausted. This stone assists in adjusting to unaccustomed circumstances.

Emotionally, Bloodstone helps in grounding the heart energy. It reduces irritability, aggressiveness, and impatience. Spiritually, Bloodstone assists in bringing spirituality into everyday life.

Bloodstone is an energy cleanser and immune stimulator for acute infections. It stimulates the flow of lymph and the metabolic processes, revitalizes and reenergizes when body and mind are exhausted, purifies blood, and detoxifies the liver, intestines, kidneys, spleen, and bladder. Bloodstone benefits blood-rich organs, regulates and supports blood-flow, and aids the circulation. It reduces the formation of pus and neutralizes over-acidification. It is helpful in cases of leukemia as it supports the blood and removes toxins. The ancient Egyptians used it to shrink tumors. Bloodstone can be used to heal the ancestral line. It cleanses the lower chakras and realigns their energies.

Place as appropriate. Wear continually for good health. Place in a bowl of water beside the bed to ensure peaceful sleep. As an immune stimulator, tape over the thymus.

If you'd like to add a beautiful bloodstone to your collection, the following crystals are available on the [Trinity Healing Connection store](#), or simply click on the picture to be taken directly onto the item's page in the store. It is even available in pet pendant form for your furry family.

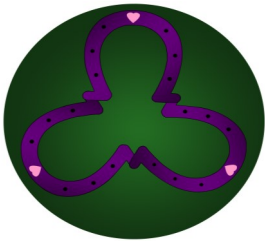




Check out our alpaca inspired lip balm flavor of the month featuring Danica, the appaloosa!

“A bright ‘spot’ on any cloudy day”

Vanilla Orange



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Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker

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