



The Intuitive Connection

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Secret Messages

You might not associate Arizona with different seasons, but where I live in the high desert, we do have seasons. You have the traditional spring, summer, fall and winter, and the not so traditional grasshopper, darkling beetle, tarantula and snake seasons. So it wasn't very surprising when I saw the first snake of the season about a week ago now that the weather is warming up. However, in the last week I've now been up close and personal with 4 snakes (all non-venomous, thank goodness). You might think this is normal, after all, it is the start of snake season. But as a comparison, last year our entire family of 3 only saw a total of 3 snakes for the whole season. So why am I suddenly the "snake magnet"? Then it dawned on me, could it be a secret message?

I believe the universe is constantly sending us "secret" messages in the forms of animals, coins, feathers, numbers, etc. All we have to do is pay attention and be aware. However, if we don't pay attention and acknowledge the message it tends to repeat itself. Not only does it repeat, but in my experience it gets bigger, and more frequent, until sometimes it is practically hitting you over the head until you pay attention. So when snake number 4 appeared, it was time to pay attention (since I really didn't want to be hit over the head with a snake of all things). I have this great book called "Animal Speak" book by Ted Andrews. It gives you the meaning of animal messengers and what they are secretly trying to convey. Here are just a few things that the book had to say about the snake and it's messages.

"To Native Americans, the snake is a symbol of transformation and healing. In Greece the snake was also a symbol of alchemy and healing.

In India the goddess Vinata was the mother of snakes and a symbol of water and the underworld. The serpent and snake has long been a symbol of the sexual/creative life force within humans as is taught in Eastern traditions. The kundalini or serpent fire lies coiled at the base of the spine. As we grow and develop, the primal energy is released, rising up the spine. This in turn activates energy centers in the body and the mind, opening new dimensions and levels of awareness, health and creativity.

Because it sheds its skin, the snake has long been a symbol of death and rebirth. It sheds its skin as it outgrows the old. This death and rebirth cycle is part of what snake represents. It has ties and significance to the ancient alchemists and their symbolic transmutation of lead into gold. This is associated with higher wisdom that comes with the passing of time.

Before the snake begins to shed its skin, its eyes will begin to cloud over. It gives the snake a trancelike appearance. To many mystics and shamans this indicated the ability of the snake to move between the realms of the living and the dead, of crossing over from life to death and then back to life again. As the skin begins to shed, the eyes begin to clear as if they will see the world anew. For this reason, alchemists often believed that wisdom and new knowledge would lead to death and rebirth, enabling the individual to see the world from an entirely new perspective. Anytime a snake shows up as a totem, you can expect death and rebirth to occur in some area of your life. This rarely reflects an actual death but rather a transition. Look for a change in conditions and a movement to new life, examine what is going on around you. What new opportunities are surfacing that you need to strike out for and take advantage of?

It can also reflect that your own creative forces are awakening. The stimulation of the kundalini usually has physiological as well spiritual consequences. Physiologically it can activate the sexual drive, bring more energy,

etc. Spiritually it can stimulate greater perception of how to apply your insight and intuition. Your own vision and intuition will become more accurate.

Snakes have a keen sense of smell. The sense of smell is linked to higher forms of discrimination and spiritual idealism. Individuals with snake totems will find themselves extremely sensitive to smells and fragrances. Aromatherapy may be a form of healing that is beneficial to explore.

Snakes are symbols of change and healing. They have speed and agility, so those who have snakes come into their life will usually find the changes and shifts occur quickly and are soon recognized and defined. When snake comes into your life you can look for a rebirth into new powers of creativity and wisdom.”

To validate the snake messages I received, let me give you a little background information and why these messages were so on point. Since last August, I've been dealing with sinus issues. It started during monsoon season (yes, another season). Although some of the symptoms are similar to allergies, I don't have the full itchy eyes, running nose, sneezing, congestion, etc, etc. Plus I've tried allergy medicines and they don't provide any relief. It is most likely an altitude and pressure change issue that my body is trying to adapt to since moving from sea level to 5100 feet. There is no medicine that I can take for this, my body simply needs time to adjust to its new climate. While meditating to get insight on things I could do to help the adaptation to occur more quickly, I suddenly received a message that I need to “tune into” and become one with the land. This is something that I've been working on for the last 30 days or so, so hearing the message of transformation and healing was much welcomed.

Another recent event that I've been working on is the direction I want to take my business. I love helping people and animals, but after doing the “psychic show circuit” for 8 years in California, I was tired. Now that I've retired from my full time job and moved to Arizona, I didn't just want to get into the Arizona show circuit. So, instead, I'm branching out and networking more in the holistic community and partnering with people, setting up classes and workshops. All part of the “death and rebirth” cycle that snake talks about. Because I'm able to devote as much time as I want to building my business and using my abilities more on a full time basis, I have no doubt that my insight, intuition, and visions will be greater and even more accurate. Just another example of the message from snake that I have to look forward to.

Finally, the message about aromatherapy and exploring that healing modality is spot on. I've been a dōTERRA wellness advocate for 3 years now. I've helped people and animals with the oils, but I haven't really committed to pursuing it fully. At the end of last year, I made a commitment by completing a 330+ hour online course and received my credentials as a Certified Aromatherapist. I just did a class last week on balancing the chakras, where I put together special essential oils blends and crystals for each chakra. This has been so well received that I've already used 100 rollerbottles to make the blends and I've had to order more. So the entire message about the snake's sense of smell hit the bullseye for me, especially the part about being extremely sensitive to smells and fragrances (anything synthetic now gives me a headache).

I am grateful to receive snake's messages and look forward to the exciting changes I can expect. Also, now that I have received and acknowledged the message from snake, I'm less likely to see them around. This opportunity is also a reminder that I need to pay better attention to the secret messages that I'm receiving.

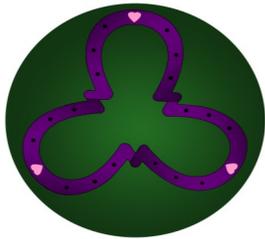
Whether you like or loathe snakes, hopefully you can see that there is a purpose behind everything the universe sends your way. Whether the messenger is beautiful or ugly, creepy/crawly or graceful, slimy or smooth, the message they are trying to tell you is important. Pay attention and be aware that you may be receiving a message. Otherwise the next time you might literally get hit over the head with the messenger, or worse yet, you might miss out on the wonderful lesson they are trying to teach you.



Upcoming Events

Mile High Mystics **Spring Fling Spiritual Arts Festival**

Hassayampa Inn
122 E Gurley St
Prescott, AZ
May 18th
9:30-4:30



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Referrals

Needing a service I don't provide? I recommend the following:

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