December 2020

Trinity Healing



The Intuitive Connection

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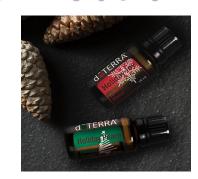
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Oil Spotlight: Holiday Joy & Holiday Peace

Want to give your home the scent of the holidays,

but without the chemicals? Then I've got some oils for you.



Holiday Joy is a blend of Siberian Fir, Wild Orange, Clove Bud, Cinnamon Bark, Cassia, Douglas Fir, Nutmeg and Vanilla. If you want a warm, sweet, inviting scent, then this is your blend. Holiday Joy creates a welcoming environment for holiday gatherings and can be diffused daily to purify the air and uplift the spirit, filling each room with the joyful scent of Christmas. It can be used aromatically and topically, but does need to be diluted with a carrier oil when applying to the skin.

Holiday Peace has the calming aromas of Siberian Fir, Grapefruit, Douglas Fir, Himalayan Fir, Frankincense, and Vetiver. Reminiscent of winter traditions with it's wonderful woodsy aroma, Holiday Peace is perfect choice to help you find the calm during the holiday season. The harmonious blend will help bring a tranquil and serene feeling to your home and family with its grounding, woodsy scent . Holiday Peace can also be used aromatically and topically (with dilution of a carrier oil to avoid skin sensitivity).

For a creative twist on these wonderful blends, here are some additional ideas on how to diffuse Holiday Joy and Holiday Peace in a water-based misting diffuser.

Winter Wonderland

4 drops Holiday Joy

2 drops Wintergreen

2 drops Peppermint

Warm & Cozy

2 drops Holiday Joy

3 drops Wild Orange

2 drops Peppermint

2 drops Cypress

Happy Holidays

4 drops Holiday Joy

3 drops Cheer



Citrus Twist

4 drops Holiday Peace

2 drops Wild Orange

2 drops Grapefruit

Holiday Frazzled

4 drops Holiday Peace

3 drops Balance

1 drop Vetiver

Overwhelm

4 drops Holiday Peace

2 drops Frankincense

2 drops Peace

If you'd like more information about Holiday Joy or Holiday Peace, please contact me by email at connection.com or come visit my Trinity Healing Connection store located at 8260 E. Plum Creek Way, Prescott Valley, AZ to check out their wonderful scents yourself.

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Services offered:

Animal Communication
Energy Healing
Sacred Healing Crystal Jewelry
Essential Oils
Educational Workshops

For your convenience, services can be scheduled in person or remotely

Referrals

Needing a service I don't provide? I recommend the following:

Anne Angelheart

Transformational Coach, Channeler, Author & Speaker Website: www.anneangelheart.com
Email: info@anneangelheart.com
530-755-4767

Cindy Holt, Holt Holistic Healing

Medical Intuitive, Emotional Release Healing, Energy Healing Website: www.holtholistichealing.com 928-273-8576